



# SESSION PRICELIST

<b>Swimming Pool</b>	<b>Adult</b>	<b>Junior</b>
Swim Session	£5.30	£3.90
Family of 4 Swim	£15.00	
Family of 5 Swim	£18.50	
Swim Block x 10	£45.00	£33.00
Shower	£3.50	
Intensive Swimming Lessons (5 x Half Hr)		£33.00
One to One Lesson	£18.00	£18.00
Two to One Lesson	£27.00	£27.00
Inflatable Session		£5.50
Inflatable (GROUP OF 5)		£22.00
<b>Indoor Sports</b>		
Single Court Hire (30 mins) (Badminton / Squash / Table Tennis / Short Tennis)	£5.20	
Half Sports Hall (30 mins) (Netball / 5-a-side / Basketball)	£20.00	
Equipment Hire	£1.00	
<b>Miscellaneous</b>		
Replacement Membership Card	£1.00	
Swim Badge & Certificate	£4.00	
<b>Gym</b>		
Gym Session	£7.00	£5.00
<b>Purchase a block of 10 Gym Sessions</b>	<b>£59.50</b>	<b>£42.50</b>
<b>Group Exercise Classes</b>		
90 min class (yoga)	£8.00	£6.00
60 min class (pump / combat / pilates etc)	£6.50	£4.90
45/50 min class (spin / strong / step etc)	£6.00	£4.50
30 min class (early HIIT, express cardio bike)	£4.50	£3.50
<b>Purchase a block of 10 Fitness Classes</b>	<b>£53.00</b>	<b>£40.00</b>
<b>Athletics</b>		
Track Session	£5.00	£3.80

## **Personal Training**

**We offer Personal Training, for more information please call the gym direct on 01209 712 397**