



Carn Brea Leisure Centre Trust - PRESS RELEASE

‘Pink Aerobics event proves huge success for charity’

Dozens of fitness fans donned bright pink attire to take part in a charity fundraising event.

Carn Brea Leisure Centre, in Pool, itself a charity opened its doors to host a two hour exercise session in aid of Support Cancer Research and Breast Cancer Awareness.

Around 65 people attended the Pink Aerobics event, held on Saturday, and raised just under £200.

Gym and studio manager, Amelia Blackford, said: “As a charity ourselves we know how important fundraising is and so it was great to see literally dozens of people doing aerobics wearing bright pink clothing. We even had one man turn up in a pink tutu.”

The event featured taster sessions of the popular Les Mills Body Training System classes, Body Jam, Body Combat, Body Attack and Body Balance mixed into one session, giving participants an excellent chance to sample the different classes the centre offers.

It is the third pink aerobics event that the leisure centre has run, following the success of similar charity fundraisers over the last two years.

Anyone wanting to take part was asked to make a minimum donation of £2 to charity.

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For more information, please contact Tilly Smith, Carn Brea’s Sales & Marketing Advisor on 01209 722000.