

Carn Brea Leisure Centre Trust – PRESS RELEASE

Carn Brea promotes water safety with Get Safe 4 Summer Campaign

Staff at Carn Brea Leisure Centre Trust, in Pool, opened their doors on Thursday 23rd June to almost one hundred school children as part of a campaign organised to teach children how to be safe around the water during the summer.

Local primary schools were invited to bring ten children, who all participated in lessons in rescue techniques, first aid skills and C.P.R. as well as taster sessions for water activities such as snorkelling.

The Centre's experienced Life Guard team and local Beach Lifeguards gave exciting demonstrations of water rescues whilst explaining common incidents they face during their work and stressing the importance of staying safe around the water. Representatives from the Coastguard Team and Fire Service also kindly donated their time, allowing the children to look around their vehicles and ask any questions they had. There was even a visit from the local Sea King helicopter from HMS Seahawk, which landed on the Centre's athletics track, giving the children a chance to have a tour and even sit in the cock pit.

Get Safe 4 Summer coordinator, Kate Smitham, said: "It was a fantastic day and it was so great to see the children learning the importance of water safety. It was brilliant that we managed to get the emergency services involved, and we even had a visit from the local rescue helicopter, which really topped the day off for everyone!"

Barry Holding, Centre Manager, said: "As a Charity trading for our local community, it's very important to us to ensure that children are aware of the dangers of water and know how to remain safe. Today's activities provided the perfect platform to educate the children, whilst really letting them enjoy themselves!"

Kim Oliver, teacher from St Johns Primary School, added: "It was an excellent day for both the teachers and the children. We especially enjoyed the snorkelling session and the helicopter!"



Students from local primary schools enjoy the visit from the Sea King Helicopter.



RNLi Beach Lifeguards and Lifeguards from the Centre demonstrate a spinal injury rescue.

A pupil enjoys practicing reach throws.



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23rd June 2011

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